

Medicine

What is it?

- Lots of children take medicine to help with their ADHD.
- The medicine is usually a small tablet or capsule that you swallow.
- It helps by boosting some of the chemicals that everybody already has in their brain.

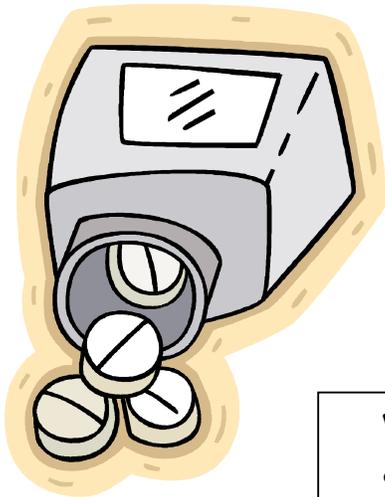


How does it help?

- The medicine gives you extra braking power, so you will feel more in control of your behaviour
- It also helps you to concentrate on what you're doing
- Most children say the medicine makes it easier to get their school work done and do their best.
- The medicine helps children to stop and think.
- This makes it easier to have fun with your friends and keep out of trouble.

What else does it do?

- Sometimes, children don't feel hungry when they take the medicine. If this happens, you might get hungry and eat more in the evening.
- It can also make it difficult to feel sleepy at night time. Your doctor might suggest taking the medicine earlier or taking a smaller amount.



What will happen?

- Your doctor will talk to you and your family about medicine. Together, you will decide if the medicine would be helpful for you.
- Some children don't take any medicine. They do well using the tips, and having some extra support.
- You will see the doctor regularly to check that the medicine is just right for you.