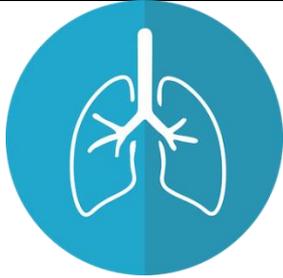


Worry Clues



Breathing goes funny



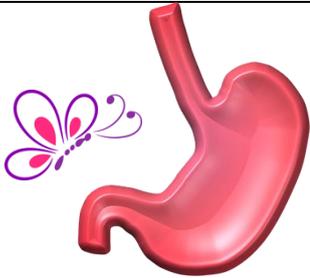
Heart beats faster



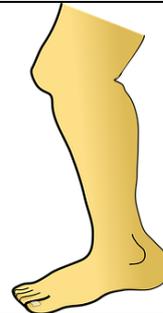
Skin goes red



Start to sweat



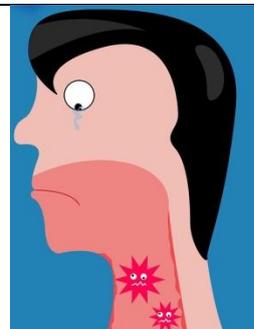
Butterflies in tummy



Shaky legs



Feel dizzy/ Sore head



Sore throat-lump in throat